



Pre-K May 2019

*Menus are subject to change.

This institution is an equal opportunity provider.

<p>Monday 29 Breakfast: Egg and Cheese Omelet/Toast, Choice of Fruit</p> <p>Lunch: Hot Dog Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Tuesday 30 Breakfast: Sausage Biscuit, Choice of Fruit</p> <p>Lunch: Meatball Sub Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Wednesday 1 Breakfast: Ham Egg & Cheese Croissant, Choice of Fruit</p> <p>Lunch: Cheese or Pepperoni Pizza Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Thursday 2 Breakfast: Cafe' Griddle, Choice of Fruit</p> <p>Lunch: Meat & Queso Blanco Nachos Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Friday 3 Breakfast: French Toast Sticks, Choice of Fruit</p> <p>Lunch: French Bread Pizza w/Marinara Choice of Vegetable Choice of Fresh or Cupped Fruit</p>
<p>Monday 6 Breakfast: Pancakes Sausage Wrap w/Syrup, Choice of Fruit</p> <p>Lunch: Pork Street Tacos Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Tuesday 7 Breakfast: Bacon Egg Cheese Biscuit, Choice of Fruit</p> <p>Lunch: Popcorn Chicken & Waffles Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Wednesday 8 Breakfast: Chicken Biscuit, Choice of Fruit</p> <p>Lunch: Cheese or Pepperoni Pizza Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Thursday 9 Breakfast: Scrambled Eggs and Sausage/Toast, Choice of Fruit</p> <p>Lunch: Meat & Cheese Nachos Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Friday 10 Breakfast: Cereal, Choice of Fruit</p> <p>Lunch: Cheese Filled Breadsticks w/Marinara Choice of Vegetable Choice of Fresh or Cupped Fruit</p>
<p>Monday 13 Breakfast: Egg and Cheese Omelet /Toast, Choice of Fruit</p> <p>Lunch: Hot Dog Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Tuesday 14 Breakfast: Sausage Biscuit, Choice of Fruit</p> <p>Lunch: Meatball Sub Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Wednesday 15 Breakfast: Ham Egg & Cheese Croissant, Choice of Fruit</p> <p>Lunch: Cheese or Pepperoni Pizza Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Thursday 16 Breakfast: Cafe Griddle, Choice of Fruit</p> <p>Lunch: Crispy Chicken Sandwich Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Friday 17 Breakfast: French Toast Bites, Choice of Fruit</p> <p>Lunch: Baked Spaghetti w/Breadstick Choice of Vegetable Choice of Fresh or Cupped Fruit</p>
<p>Monday 20 Breakfast: Pancake Sausage Wrap/Syrup, Choice of Fruit</p> <p>Lunch: Chicken Nuggets w/Cheez Its Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Tuesday 21 Breakfast: Bacon Egg Cheese Biscuit, Choice of Fruit</p> <p>Lunch: Steak & Cheese Sub Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Wednesday 22 Breakfast: Chicken Biscuit, Choice of Fruit</p> <p>Lunch: Cheese or Pepperoni Pizza Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Thursday 23 Breakfast: Scrambled Eggs Sausage/Toast, Choice of Fruit</p> <p>Lunch: Meat & Queso Blanco Nachos Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Friday 24 Breakfast: Cereal, Choice of Fruit</p> <p>Lunch: French Bread Pizza w/Marinara Choice of Vegetable Choice of Fresh or Cupped Fruit</p>
<p>Monday 27 NO SCHOOL</p> 	<p>Tuesday 28 Breakfast: Sausage Biscuit, Choice of Fruit</p> <p>Lunch: Popcorn Chicken & Waffles Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Wednesday 29 Breakfast: Ham Egg & Cheese Croissant, Choice of Fruit</p> <p>Lunch: Cheese or Pepperoni Pizza Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Thursday 30 Breakfast: Cafe' Griddle, Choice of Fruit</p> <p>Lunch: Meat & Cheese Nachos Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Friday 31 Breakfast: French Toast Sticks, Choice of Fruit</p> <p>Lunch: Cheese-Filled Breadsticks w/Marinara Choice of Vegetable Choice of Fresh or Cupped Fruit</p>

1% unflavored milk is offered at breakfast and lunch daily. Cereal (Cheerios and Reduced Sugar Cinnamon Toast Crunch) and Toast are offered at breakfast daily. Fruit and Vegetable servings at breakfast are ½ cup. Fruit and Vegetable servings at lunch are ¼ cup, unless the items are pre-packed. **There is no Offer vs. Serve for Pre-K. At breakfast, students must select 1 serving from all 3 components and at lunch, 1 entrée, 1 fruit, 1 vegetable and milk.**