



*Menus are subject to change.

This institution is an equal opportunity provider.

Pre-K April 2019

<p>Monday 1 Breakfast: Egg and Cheese Omelet/Toast, Choice of Fruit</p> <p>Lunch: Hot Dog Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Tuesday 2 Breakfast: Sausage Biscuit, Choice of Fruit</p> <p>Lunch: Meatball Sub Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Wednesday 3 Breakfast: Ham Egg & Cheese Croissant, Choice of Fruit</p> <p>Lunch: Cheese or Pepperoni Pizza Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Thursday 4 Breakfast: Cafe' Griddle, Choice of Fruit</p> <p>Lunch: Crispy Chicken Sandwich Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Friday 5 Breakfast: French Toast Sticks, Choice of Fruit</p> <p>Lunch: Cheese-Filled Breadsticks w/Marinara Choice of Vegetable Choice of Fresh or Cupped Fruit</p>
<p>Monday 8 Breakfast: Pancakes Sausage Wrap w/Syrup, Choice of Fruit</p> <p>Lunch: Chicken Nuggets w/Cheez Its Choice of Vegetable <i>Choice of Fresh or Cupped Fruit</i></p>	<p>Tuesday 9 Breakfast: Bacon Egg Cheese Biscuit, Choice of Fruit</p> <p>Lunch: Steak & Cheese Sub Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Wednesday 10 Breakfast: Chicken Biscuit, Choice of Fruit</p> <p>Lunch: Cheese or Pepperoni Pizza Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Thursday 11 Breakfast: Scrambled Eggs and Sausage/Toast, Choice of Fruit</p> <p>Lunch: Meat & Queso Blanco Nachos Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Friday 12 Breakfast: Strawberry Topped Waffles, Choice of Fruit</p> <p>Lunch: French Bread Pizza Choice of Vegetable Choice of Fresh or Cupped Fruit</p>
<p>Monday 15 Breakfast: Egg and Cheese Omelet /Toast, Choice of Fruit</p> <p>Lunch: Pork Street Tacos Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Tuesday 16 Breakfast: Sausage Biscuit, Choice of Fruit</p> <p>Lunch: Popcorn Chicken & Waffles Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Wednesday 17 Breakfast: Ham Egg & Cheese Croissant, Choice of Fruit</p> <p>Lunch: Cheese or Pepperoni Pizza Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Thursday 18 Breakfast: Cafe Griddle, Choice of Fruit</p> <p>Lunch: Meat & Cheese Nachos Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Friday 19 Breakfast: French Toast Bites, Choice of Fruit</p> <p>Lunch: Cheese-Filled Breadsticks w/Marinara Choice of Vegetable Choice of Fresh or Cupped Fruit</p>
<p>Monday 22 Breakfast: Pancake Sausage Wrap/Syrup, Choice of Fruit</p> <p>Lunch: Hot Dog Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Tuesday 23 Breakfast: Bacon Egg Cheese Biscuit, Choice of Fruit</p> <p>Lunch: Meatball Sub Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Wednesday 24 Breakfast: Chicken Biscuit, Choice of Fruit</p> <p>Lunch: Cheese or Pepperoni Pizza Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Thursday 25 Breakfast: Scrambled Eggs Sausage/Toast, Choice of Fruit</p> <p>Lunch: Crispy Chicken Sandwich Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Friday 26 Breakfast: Strawberry Topped Waffles, Choice of Fruit</p> <p>Lunch: Cheese-Filled Breadsticks w/Marinara Choice of Vegetable Choice of Fresh or Cupped Fruit</p>
<p>Monday 29 Breakfast: Egg and Cheese Omelet/Toast, Choice of Fruit</p> <p>Lunch: Chicken Nuggets w/Cheez Its Choice of Vegetable Choice of Fresh or Cupped Fruit</p>	<p>Tuesday 30 Breakfast: Sausage Biscuit, Choice of Fruit</p> <p>Lunch: Steak & Cheese Sub Choice of Vegetable Choice of Fresh or Cupped Fruit</p>			

1% unflavored milk is offered at breakfast and lunch daily. Cereal (Cheerios and Reduced Sugar Cinnamon Toast Crunch) and Toast are offered at breakfast daily. Fruit and Vegetable servings at breakfast are ½ cup. Fruit and Vegetable servings at lunch are ¼ cup, unless the items are pre-packed. **There is no Offer vs. Serve for Pre-K. At breakfast, students must select 1 serving from all 3 components and at lunch, 1 entrée, 1 fruit, 1 vegetable and milk.**