

# School Wellness Plan 2020-2021

School Way Café

**School Name:** Tomoka Elementary

**Principal’s Name or Person Responsible for Plan:** \_\_Carmen Romanowski 386-676-1200ext:\_51029

Each school must have a wellness plan and a point of contact (this person cannot be a School Way Café employee). **Please provide your point of contact and extension if different than above:**

Your school website must contain a link to the Volusia County Schools Wellness Policy.

If your school is not already a “Team Nutrition” school, we encourage your school to become one. For information, visit [www.fns.usda.gov/tn/](http://www.fns.usda.gov/tn/).

The district’s wellness policy encourages nutrition education curriculum programs and to provide opportunities for physical activities. The policy also recommends using rewards and incentives that are not food-related and limiting sweet treats for refreshments and parties.

**Part I: Goals** - List your school’s wellness goals for the upcoming school year on in Part I this form and e-mail it to School Way Café [SWayCafe@volusia.k12.fl.us](mailto:SWayCafe@volusia.k12.fl.us) and a copy to your Area Superintendent by **August 30<sup>th</sup>, 2020**. See attached Wellness Tool Kit for ideas to use for your wellness plan.

**Part II: Evaluation** – At the end of the school year, evaluate the results of your school’s wellness goals and complete Part II of this form. E-mail a copy to School Way Café [SWayCafe@volusia.k12.fl.us](mailto:SWayCafe@volusia.k12.fl.us) and a copy to your Area Superintendent by **June 4, 2020**.

**Note: Documentation is required to validate completion of your goals.**

Part I – Complete by <b>August 30<sup>th</sup>, 2020</b>	Part II - Complete by <b>June 1<sup>st</sup>, 2020</b>
<b>Goals for 2020-2021</b>	<b>Implementation Evaluation</b>
<p><b>1. The students at Tomoka Elementary will participate in the National Walk To School Day.</b></p>	<p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Goal was not implemented this school year.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>

Part I – Complete by <b>August 30<sup>th</sup>, 20__</b>	Part II - Complete by <b>June 1<sup>st</sup>, 20__</b>
Goals for 2020-2021	Implementation Evaluation
<p>2. The students at Tomoka Elementary will have the opportunity to participate in the Tomoka Mile.</p>	<p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Goal was not implemented this school year.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>
<p>3. All of the students at Tomoka Elementary will participate in the School Walk-A-Thon.</p>	<p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Goal was not implemented this school year.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>
<p>4. The Tomoka students, the Tomoka family and the Ormond Beach Community will participate in the Tomoka 5K.</p>	<p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Goal was not implemented this school year.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>