



We are in bug season now.

Moreover not just flu bugs, or stomach bugs, but head lice bugs.

Prevention is key; keep your child's hair pulled back if it's long; discourage sharing of brushes, combs, and head gear.

**Please check your child for head lice during routing grooming.** There is **no outbreak** of lice at this time, but I encourage you to be proactive. The signs of head lice are scratching at the back of the neck and behind the ears. It appears like a dandruff flake but glued near the base of the hair shaft. There are many over the counter treatments. Check with your child's doctor for what they recommend or you may pick up the flyer from your school, "Guide for Head Lice Treatment."

If your child has head lice, please notify the school nurse. If your child is found to have live bugs during school hours, you will be asked to come pick your child up for early dismissal. Please have updated phone numbers on the emergency card at school. Should you have any questions, please contact the clinic, or go to the School Health page on the school website for more information. There is more information at [www.headlice.org](http://www.headlice.org) and/or KidsHealth.org.

Let's have a healthy school year!

Ms. Tammy Esser

Sunrise Elementary Clinic