

Elementary School Counseling Support Groups

Listed below are a number of groups that are common for elementary school counselors.

Academic Support Study Skills Group (3-5)

The activities in this group help to develop skills to increase academic success in intermediate elementary students. The students in this group are typically the students who need supplemental instruction on strategies to use in the classroom to help them focus, prepare and get on track to learn. They are not highly disruptive and do not have severe learning concerns. They are not performing as well as they could on classroom assignments or statewide tests.

New Student Support Group (Lunch Bunch Group)

The activities in this group help to develop skills for students transitioning into a new school, at any time during the school year. The following activities were designed to be used with students in grades 3rd to 6th.

Impulsive Behavior/ADHD Group

Activities from Calm Down and Play: Activities to Help Impulsive Children , Loretta Oleck Berger, MSW

Friendship Support Group (K-2)

The activities in this group help to develop skills for primary grade students to make and sustain healthy friendships in school.

Friendship Support Group (3-5)

The activities in this group help to develop skills for intermediate grade students to make and sustain healthy friendships in school.

Grief Support and Referral

School counselors, with the permission of the student's parent or guardian, can provide valuable support for students who have experienced the death of someone close. The activities in this group help to teach children about death, to recognize and express feelings of sadness and grief, encourage open communication and help with skills to cope with the loss of someone close. Referrals are given for grief counseling and support which can include Equine Therapy for the student and family and Camp Begin Again or the Begin Again Children's Grief Center.

K-Kids Leadership Group (3-5)

Provides leadership and service learning opportunities for students in grades 3-5. Students must be referred by their teacher and have parent permission to participate. Kiwanis of Daytona Beach is our club sponsor and provides our school with leadership activities, food drives, book drives, seeds of service, leadership awards and financial support. Students learn to give back to their community and school through this program.