

Roadrunner Roundup

Orange City Elementary
555 E. University Ave.
Orange City, FL 32763

October
2013

All students learn at Orange City School, where CPR—Cooperation, Pride, and Respect—brings us to life and helps us to do our best.

AP News

Safety and Security Reminders

Dear Orange City Families,

One of my most important roles at Orange City is to ensure the safety and security of all of our children. With that being said, there are a few safety and security reminders that I would like to share with you.

First of all, please be aware that in the event we would need to evacuate from campus, our primary evacuation site is River Springs Middle School. Our alternate evacuation site is Deltona High School. Plans are in place to safely move all of our children, including the medically fragile, to either of these sites in the event that we would be required to evacuate our campus.

Please keep in mind that increased security requires all parents, including those choosing to have breakfast with their children, to sign in at the front office and receive a visitor's badge. The badge must be displayed and in plain view of our staff at all times. Don't forget to return the badge to the receptionist prior to leaving campus.

In regards to parent drop off in the morning, please remember to pull all the way forward to the stop sign near the intersection of Leavitt and University whenever possible. If your vehicle stops at the gate to drop off your child, the entire line of cars gets backed up behind you. Do not get out of your car and leave it unattended. Please have children exit the vehicle on the side by the sidewalk. It is not safe to have children exiting your vehicle onto Leavitt Avenue. The same requests apply to parent pick up in the afternoon. Please remember to pull all the way forward. Once your child is secured in your car, please carefully pull back onto Leavitt. Lastly, if you are waiting to pick up your child in the afternoon, remember that it is not safe to lift your child up over the fence. All children are expected to walk through the gate. If the gate is still closed, your child must wait until we have adequate supervision and are able to release him/her.

I'd like to extend our gratitude to the Orange City Police Department for spending a couple of days observing traffic patterns in the mornings. There were some concerns with parents in vehicles who were not using the parent drop off lane to drop off their children. There were also concerns with pedestrian safety. Students that are walkers need to cross where the crossing guards are posted and supervision is provided. In addition, students are required by state law to wear helmets if they are bike riders – no exceptions! Please review these rules with your child(ren).

Finally, I would just like to share how truly grateful I feel to be placed at Orange City Elementary. I look forward to working with Mrs. Crkvenac and our wonderful teachers and staff as we continue to dig deeper and grow stronger this year.

Best regards to all,
Andrea Hall



Important Dates

October 7
SAC meeting
6 pm-Media Center

October 9
Walk To School Day

October 21
Student Holiday

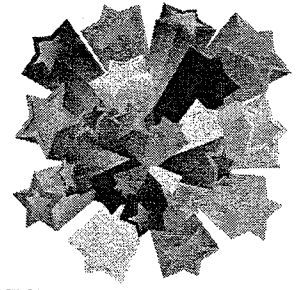
October 25
Volunteer and
Business Partner
Orientation-8:30 am

November 13
Picture Retakes



Teacher of the Year

Congratulations to Mrs. Akins for being selected Teacher of the Year at OCS!



Save The Date!!

PTA will be hosting its Fall Festival on October 26th from 11 am to 2 pm on the court. There will be food, games, and activities! You will be able to purchase your game card the day of the event for \$5, and all food and drinks will be \$1 each. We will also have a drawing for 4 tickets to Disney!!

Also, if you are interested in volunteering for the event, please contact PTA at ocspta3@gmail.com.

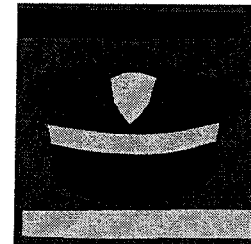
School Store

Grand Opening October 8, 2013 at the court. School store will be open on Tuesday and Thursday mornings.

Patrol News

Patrols are selling icees on the court on Tuesdays and Fridays after school for \$0.25.

The next patrol meeting is scheduled for October 24th. See you there!

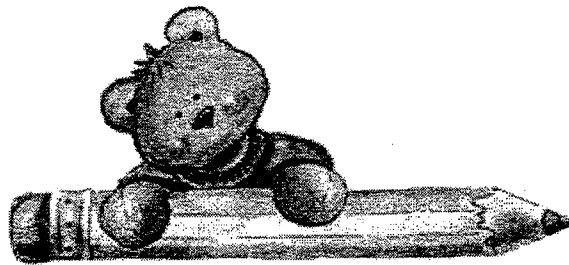


International Walk To School Day - October 9

Since 1997, communities around the United States have been celebrating Walk to School Day. What began in one single city has grown in popularity every year. In its sixteenth year, 2012 participation reached a record high with more than 4,000 events registered from all fifty states and the District of Columbia. It brings community leaders and children together to promote more walkable communities, safer streets, healthier habits and cleaner air. More information on this year's event will be coming home with students!

COUNSELOR'S CORNER

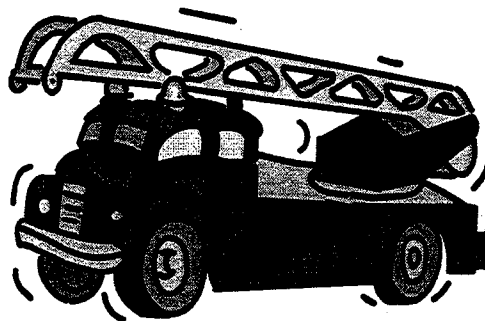
October is my favorite month of the year! It is also my favorite month in the school year. October is when we have finished "settling in"; we are comfortable with our daily schedule and begin to really move forward in our learning goals. The school day is so full, from 7:55 a.m. to 2:05 p.m., Roadrunners are reading, writing, exploring, thinking and doing. Attendance is extremely important and is a main component of student and school success. If students are late to school or checked out early on a regular basis, they are MISSING the same subject area instruction over and over again. It is Volusia County School's policy that every five tardies equals one absence. If a student's attendance is becoming a concern, parents will be asked to attend a meeting with the guidance counselor and/or social worker to address concerns and improve attendance. You can view the VCS attendance policy on-line at myvolusiaschools.org.



Volunteers and Business Partners Orientation and Training—October 25, at 8:30 am in the media center

Kindergarten News

On October 15 from 8:30 a.m.-11:45 a.m., Kindergarten will walk to the Orange City Police and Fire Department.





Students — \$1.00,
 Reduced \$.30
 Adults & Children not enrolled —
 \$1.50
 Adult meals are not reimbursed by the government
 Pre-pay at www.Mylunchmoney.com

THROW THE SWITCH!

After hours without food, a good breakfast of fruit, lowfat dairy, whole grains, and lean protein gets you fired up for action again. And if you skip breakfast or eat just fat and sugar? Then your mind and body will stay in the dark all day.

FAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Mon	Tue	Wed	Thur	Fri
	1 Egg & Cheese Bagel Cereal w/ Slice of Toast 2 Slices of Cinnamon Toast Sides: Orange Juice; ½ c Fruit	2 Sausage Biscuit Cereal w/ Slice of Toast 2 Slices of Cinnamon Toast Sides: Assorted Juice; ½ c Peaches	3 Yogurt Parfait Cereal w/ Slice of Toast 2 Slices of Cinnamon Toast Sides: Orange Juice; ½ c Fruit	4 4 French Toast Sticks Cereal w/ Slice of Toast 2 Slices of Cinnamon Toast Sides: Assorted Juice; ½ c Peaches
7 Waffle or Pancakes Cereal w/ Slice of Toast 2 Slices of Cinnamon Toast Sides: Assorted Juice; ½ c Peaches	8 Chicken Biscuit Cereal w/ Slice of Toast 2 Slices of Cinnamon Toast Sides: Orange Juice; ½ c Fruit	9 Pancake Sausage Wrap Cereal w/ Slice of Toast 2 Slices of Cinnamon Toast Sides: Assorted Juice; ½ c Peaches	10 Egg & Cheese Wrap Cereal w/ Slice of Toast 2 Slices of Cinnamon Toast Sides: Orange Juice; ½ c Fruit	11 4 French Toast Sticks Cereal w/ Slice of Toast 2 Slices of Cinnamon Toast Sides: Assorted Juice; ½ c Peaches
14 Cinnamon Roll Cereal w/ Slice of Toast 2 Slices of Cinnamon Toast Sides: Assorted Juice; ½ c Peaches	15 Egg & Cheese Bagel Cereal w/ Slice of Toast 2 Slices of Cinnamon Toast Sides: Orange Juice; ½ c Fruit	16 Sausage Biscuit Cereal w/ Slice of Toast 2 Slices of Cinnamon Toast Sides: Assorted Juice; ½ c Peaches	17 Yogurt Parfait Cereal w/ Slice of Toast 2 Slices of Cinnamon Toast Sides: Orange Juice; ½ c Fruit	18 4 French Toast Sticks Cereal w/ Slice of Toast 2 Slices of Cinnamon Toast Sides: Assorted Juice; ½ c Peaches
21 Teacher Duty Day No School	22 Chicken Biscuit Cereal w/ Slice of Toast 2 Slices of Cinnamon Toast Sides: Orange Juice; ½ c Fruit	23 Pancake Sausage Wrap Cereal w/ Slice of Toast 2 Slices of Cinnamon Toast Sides: Assorted Juice; ½ c Peaches	24 Egg & Cheese Wrap Cereal w/ Slice of Toast 2 Slices of Cinnamon Toast Sides: Orange Juice; ½ c Fruit	25 4 French Toast Sticks Cereal w/ Slice of Toast 2 Slices of Cinnamon Toast Sides: Assorted Juice; ½ c Peaches
28 Cinnamon Roll Cereal w/ Slice of Toast 2 Slices of Cinnamon Toast Sides: Assorted Juice; ½ c Peaches	29 Egg & Cheese Bagel Cereal w/ Slice of Toast 2 Slices of Cinnamon Toast Sides: Orange Juice; ½ c Fruit	30 Sausage Biscuit Cereal w/ Slice of Toast 2 Slices of Cinnamon Toast Sides: Assorted Juice; ½ c Peaches	31 Yogurt Parfait Cereal w/ Slice of Toast 2 Slices of Cinnamon Toast Sides: Orange Juice; ½ c Fruit	October Early Release Days: 2, 9, 16, 23 & 30

- = This symbol indicates that the product is made with Pork.
- This symbol indicates that the product is made with Turkey.
- This symbol indicates that the item is vegetarian or lacto-vegetarian.

AVAILABLE DAILY
 We offer at least 4 food items and students must choose at least 3 food items.
 1% White & fat free Chocolate & Strawberry Milk.
 White soy milk is available for students w/ a medically documented allergy or intolerance.

Lunch Menus for

Volusia County's School Way Cafe
 USDA is an equal opportunity provider and employer.

Lunch Prices:
 Menus subject to change
 Students - \$2.00,
 Reduced - \$1.40
 Children not enrolled - \$2.75
 Adults - \$3.25. Adult meals are not reimbursed by the government.
 Providing parents a secure way to manage school life

Mon	Tue	Wed	Thu	Fri
	1 Meat & Cheese Nachos Diced Chix & Chz Salad, WG Roll PBJ Uncrustable Veg: may choose 2 ½ c Cheesy Beans; 1 c Lett./Tom. Fruit: may choose 2; not 2 juice ½ c Applesauce, Fr. Fruit, Juice Bonus: Ice Cream	2 Orange Chix ½ c WG Rice Ham & Chz Salad, WG Slider PBJ Bar Veg: may choose 2 ½ c Broccoli ½ c Fresh Carrots Fruit: may choose 2; not 2 juice ½ c Mix Fruit, Fr. Fruit, OJ	3 Grilled Cheese Sandwich Popcorn Chix/Chz Salad, WG Slider PBJ Uncrustable Veg: may choose 2 1 c Tossed Salad ½ c Sweet Potato Tots or Waffle Fruit: may choose 2; not 2 juice ½ c Peaches, Fr. Fruit, Italian Ice	4 Pizza, Cheese & Pepp. Ham & Chz Salad, WG Roll PBJ Uncrustable Veg: may choose 2 ½ c Corn ½ c Celery Sticks Fruit: may choose 2; not 2 juice ½ c Pears, Fr. Fruit, Juice
7 Cheese Sticks w/Marinara Ham & Chz Salad, WG Roll PBJ Uncrustable Veg: may choose 2 ½ c Green Beans ½ c Fresh Carrots Fruit: may choose 2; not 2 juice ½ c Pineapple, Fr. Fruit, Juice	8 Corn dog Diced Chix & Chz Salad, WG Roll PBJ Uncrustable Veg: may choose 2 ½ c Broccoli 1 c Tossed Salad Fruit: may choose 2; not 2 juice ½ c Applesauce, Fr. Fruit, Juice	9 Ravioli, WG Slider Ham & Chz Salad, WG Slider PBJ Bar Veg: may choose 2 ½ c Corn ½ c Celery Sticks Fruit: may choose 2; not 2 juice ½ c Mix Fruit, Fr. Fruit, OJ	10 Popcorn Chix, WG Slider Popcorn Chix/Chz Salad, WG Slider PBJ Uncrustable Veg: may choose 2 ½ c Baked Beans ½ c Sweet Potato Tots or Waffle Fruit: may choose 2; not 2 juice ½ c Peaches, Fr. Fruit, Rips Slush	11 Pizza, Cheese & Pepp. Ham & Chz Salad, WG Roll PBJ Uncrustable Veg: may choose 2 ½ c Broccoli w/ Chz Sauce 1 c Tossed Salad Fruit: may choose 2; not 2 juice ½ c Pears, Fr. Fruit, Juice
14 Chicken Nuggets, WG Slider Ham & Chz Salad, WG Roll PBJ Uncrustable Veg: may choose 2 ½ c Green Beans ½ c Potato Smiles Fruit: may choose 2; not 2 juice ½ c Pineapple, Fr. Fruit, Juice	15 Meat & Cheese Soft Taco Diced Chix & Chz Salad, WG Roll PBJ Bar Veg: may choose 2 ½ c Corn, 1 c Lett./Tom. Fruit: may choose 2; not 2 juice ½ c Applesauce, Fr. Fruit, Juice Bonus: Choc. Cake w/ Sprinkles	16 ½ c Spaghetti w/ Meat sauce Ham & Chz Salad, WG Slider PBJ Bar Veg: may choose 2 ½ c Fresh Carrots 1 c Tossed Salad Fruit: may choose 2; not 2 juice ½ c Mix Fruit, Fr. Fruit, OJ	17 Crispy Chicken Sandwich Popcorn Chix/Chz Salad, WG Slider PBJ Uncrustable Veg: may choose 2 ½ c Baked Beans 1 c Caesar's Salad Fruit: may choose 2; not 2 juice ½ c Peaches, Fr. Fruit, Italian Ice	18 Pizza, Cheese & Pepp. Ham & Chz Salad, WG Roll PBJ Uncrustable Veg: may choose 2 ½ c Broccoli ½ c Sweet Potato Tots or Waffle Fruit: may choose 2; not 2 juice ½ c Pears, Fr. Fruit, Juice
21 Teacher Duty Day/ Student Holiday	22 2 Hamburger Sliders Diced Chix & Chz Salad, WG Roll PBJ Uncrustable Veg: may choose 2 ½ c Potato Smiles ½ c Celery Fruit: may choose 2; not 2 juice ½ c Applesauce, Fr. Fruit, Juice	23 Roasted Chicken, WG Slider Ham & Chz Salad, WG Slider PBJ Bar Veg: may choose 2 ½ c Mashen Potatoes w/ Gravy ½ c Fresh Carrots Fruit: may choose 2; not 2 juice ½ c Mixed Fruit, Fr. Fruit, OJ	24 Hot Dog Popcorn Chix/Chz Salad, WG Slider PBJ Uncrustable Veg: may choose 2 ½ c Corn ½ c Broccoli Fruit: may choose 2; not 2 juice ½ c Peaches, Fr. Fruit, Rips Slush	25 Pizza, Cheese & Pepp. Ham & Chz Salad, WG Roll PBJ Uncrustable Veg: may choose 2 ½ c Green Beans ½ c Sweet Potato Tots or Waffle Fruit: may choose 2; not 2 juice ½ c Pears, Fr. Fruit, Juice
28 Chz Calzone w/Marinara Ham & Chz Salad, WG Roll PBJ Uncrustable Veg: may choose 2 ½ c Green Beans ½ c Fresh Carrots Fruit: may choose 2; not 2 juice ½ c Pineapple, Fr. Fruit, Juice	29 Meat & Cheese Nachos Diced Chix & Chz Salad, WG Roll PBJ Uncrustable Veg: may choose 2 ½ c Cheesy Beans; 1 c Lett./Tom. Fruit: may choose 2; not 2 juice ½ c Applesauce, Fr. Fruit, Juice	30 Orange Chix ½ c WG Rice Ham & Chz Salad, WG Slider PBJ Bar Veg: may choose 2 ½ c Broccoli ½ c Fresh Carrots Fruit: may choose 2; not 2 juice ½ c Mix Fruit, Fr. Fruit, OJ	31 Grilled Cheese Sandwich Popcorn Chix/Chz Salad, WG Slider PBJ Uncrustable Veg: may choose 2 1 c Tossed Salad ½ c Sweet Potato Tots or Waffle Fruit: may choose 2; not 2 juice ½ c Peaches, Fr. Fruit, Italian Ice Bonus: Ice Cream	October Early Release Days: 2, 9, 16, 23 & 30

NUTRITION 1000

Broccoli is one of the most healthful foods you can eat. By weight, steamed broccoli has more vitamin C than an orange and as much calcium as milk. It's also a good source of fiber and is high in beta-carotene, a cancer-fighting substance. Broccoli retains more nutrients (and smells better, too!) when it is not overcooked.

Available Daily
 We offer 5 food components; students must choose at least 3 food components including 1 fruit or veg. 1% White & fat free Choc. & Strawberry Milk; Assorted juices unless specified. White soy milk is available for students w/ a medically documented allergy or intolerance.

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