

Roadrunner Roundup

Orange City Elementary
555 E. University Ave.
Orange City, FL 32763

December
2015

All students learn at Orange City School, where CPR—Cooperation, Pride, and Respect—brings us to life and helps us to do our best.

Message From Our Principal

Dear Roadrunner Family,

As we move into the winter holiday season please enjoy each moment you and your family have to spend together. I also encourage your children to spend some time reading over the break. The more students practice their reading the more proficient they become. Fluency and comprehension are skills that have to be practiced. As a suggestion, have your child read to you out loud and then discuss what they read with you. Make it a family event in which everyone can get involved.

When we return from break it will be full steam ahead. The second 9 weeks ends on January 14, 2016. It is hard to believe we will be half way through the school year. With this thought in mind please take this time to look at the accomplishments of your child. You should see them changing right before your eyes. Their vocabulary should be improving each day as well as their ability to articulate their ideas. Practice, practice and more practice. Most important keep reading each night.

If you are traveling over the break please remember to be safe and I look forward to continuing our work in the New Year.

Charles D. Bynum
Principal

Important Dates

12/1
CiCi's Spirit Night
3 PM - 9 PM

12/3
Science Night
5 PM - 7 PM

12/4
5th Grade FT
Stetson Game

12/7 - 12/11
PTA
Holiday Shop

12/11
Family Movie Night
5:30 PM - 7 PM

12/15
McDonald's Night
5 PM - 7 PM

12/16
Chorus Holiday
Show
6 PM

12/18
Holiday Walk
8 AM

12/19 - 1/4
Winter Holiday
NO SCHOOL

Title 1 Mid-Year Update:

As you may or may not know, Orange City Elementary is considered a Title 1 school. Title 1 eligibility is based on the percentage of approved free and reduced meal applications. This status enables our school to receive extra funding to support our students. Here are some of the uses of the funding so far this year:

- Two intervention teachers for Reading
- Two Academic Coaches to assist with professional development for our teachers
- Two types of after school tutoring
- Parents to Kids program
- Purchased technology for our school (iPads, computer based programs, and other materials)
- Family nights (Science Night, Snuggle up and Read, etc.)

These are just some of the ways in which our Title 1 funds are being utilized this year. If you know of any family that has not filled out a free or reduced meal plan application, please have them contact the main office.

Girls On The Run

We have been preparing for our 5k scheduled for December 12th. Congratulations to Arianna Bradshaw, Brianna Houck, Ariana Marrero, Hannah Stone, Maia McCarthy, Natalya Veillard, Lauren Tanner, Hillary Kurthausen, Veronica Meyer! You have done an amazing job this season.

~ Coach Hancock and Coach Harrison



News from Ms. Morrison's Class

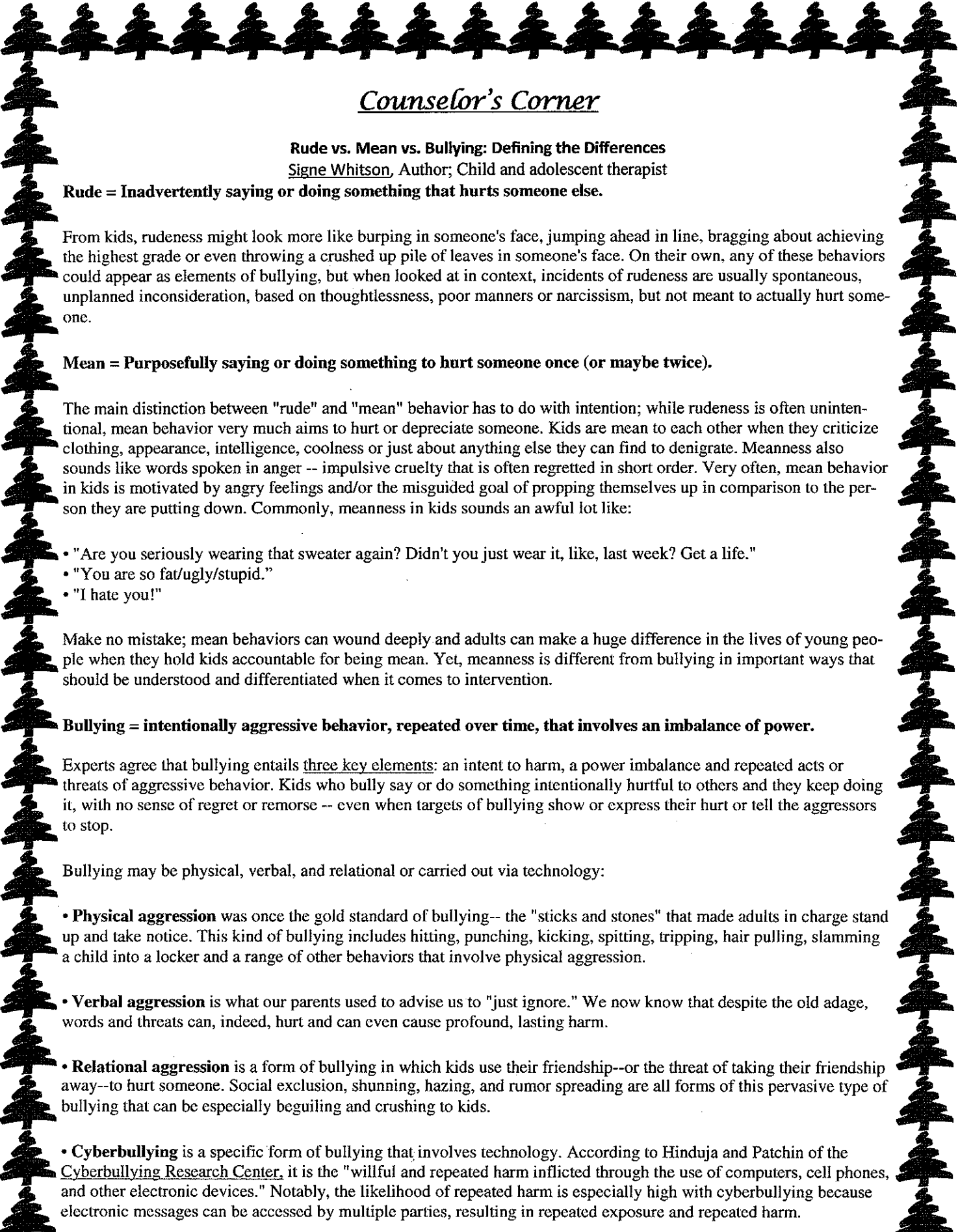
My class is participating in the Scholastic Pajama Drive. Students are bringing in new pajamas with tags (any size from newborn to adult) to donate to the homeless/needless shelters. For every pair of pajamas that is donated, Scholastic donates a brand new book to the homeless/needless. ☺ If anyone from the school would like to participate, they can send the pajamas to my classroom, building 5 room 46!

Thank you,
Ms. Morrison

Family Center News

Thank you to our Business Partners and families that donated Thanksgiving meals to our families in need:

The Korean War Veterans, The Orange City Eagles Club, St. Anne's Church, Mrs. Turner, and her dance families, Mr. and Mrs. Larsh, and the Wilson family.



Counselor's Corner

Rude vs. Mean vs. Bullying: Defining the Differences

Signe Whitson, Author; Child and adolescent therapist

Rude = Inadvertently saying or doing something that hurts someone else.

From kids, rudeness might look more like burping in someone's face, jumping ahead in line, bragging about achieving the highest grade or even throwing a crushed up pile of leaves in someone's face. On their own, any of these behaviors could appear as elements of bullying, but when looked at in context, incidents of rudeness are usually spontaneous, unplanned inconsideration, based on thoughtlessness, poor manners or narcissism, but not meant to actually hurt someone.

Mean = Purposefully saying or doing something to hurt someone once (or maybe twice).

The main distinction between "rude" and "mean" behavior has to do with intention; while rudeness is often unintentional, mean behavior very much aims to hurt or depreciate someone. Kids are mean to each other when they criticize clothing, appearance, intelligence, coolness or just about anything else they can find to denigrate. Meanness also sounds like words spoken in anger -- impulsive cruelty that is often regretted in short order. Very often, mean behavior in kids is motivated by angry feelings and/or the misguided goal of propping themselves up in comparison to the person they are putting down. Commonly, meanness in kids sounds an awful lot like:

- "Are you seriously wearing that sweater again? Didn't you just wear it, like, last week? Get a life."
- "You are so fat/ugly/stupid."
- "I hate you!"

Make no mistake; mean behaviors can wound deeply and adults can make a huge difference in the lives of young people when they hold kids accountable for being mean. Yet, meanness is different from bullying in important ways that should be understood and differentiated when it comes to intervention.

Bullying = intentionally aggressive behavior, repeated over time, that involves an imbalance of power.

Experts agree that bullying entails three key elements: an intent to harm, a power imbalance and repeated acts or threats of aggressive behavior. Kids who bully say or do something intentionally hurtful to others and they keep doing it, with no sense of regret or remorse -- even when targets of bullying show or express their hurt or tell the aggressors to stop.

Bullying may be physical, verbal, and relational or carried out via technology:

- **Physical aggression** was once the gold standard of bullying-- the "sticks and stones" that made adults in charge stand up and take notice. This kind of bullying includes hitting, punching, kicking, spitting, tripping, hair pulling, slamming a child into a locker and a range of other behaviors that involve physical aggression.
- **Verbal aggression** is what our parents used to advise us to "just ignore." We now know that despite the old adage, words and threats can, indeed, hurt and can even cause profound, lasting harm.
- **Relational aggression** is a form of bullying in which kids use their friendship--or the threat of taking their friendship away--to hurt someone. Social exclusion, shunning, hazing, and rumor spreading are all forms of this pervasive type of bullying that can be especially beguiling and crushing to kids.
- **Cyberbullying** is a specific form of bullying that involves technology. According to Hinduja and Patchin of the Cyberbullying Research Center, it is the "willful and repeated harm inflicted through the use of computers, cell phones, and other electronic devices." Notably, the likelihood of repeated harm is especially high with cyberbullying because electronic messages can be accessed by multiple parties, resulting in repeated exposure and repeated harm.

OUT COLD.

Not only do kids eat more in the winter, they also tend to exercise less.



Even if it's cold where you live, you still need to be moving for a total of at least an hour a day! Some of that can happen indoors, but there's plenty of outside activities that can keep you warm, too!

BE BETTER. PLAY HARDER. LIVE HEALTHIER. **WELLNESS IS A WAY OF LIFE!**

Choice of milk served with all meals:
 1% White
 Fat Free, Low Sugar Chocolate
 Fat Free, Low Sugar Strawberry

White soy milk is available for students w/ a medically documented allergy or intolerance.

BREAKFAST

This symbol indicates that the product is made with Pork.

This symbol indicates that the product is made with Turkey.

This symbol indicates that the item is vegetarian or lacto-vegetarian.

We offer at least 4 food items at breakfast and students must choose at least 3 food items, including 1 fruit.

100% Juice



All of our bread products are whole grain rich!

Monday 7 Pancakes Cereal w/ a Slice of Toast 2 Slices of Cinnamon Toast Sides: may choose 2; not 2 juice Fruit, Assorted Juice	Tuesday 8 Chicken Biscuit Cereal w/ a Slice of Toast 2 Slices of Cinnamon Toast Sides: may choose 2; not 2 juice Orange Juice, Fruit	Wednesday 9 Pancake Sausage Wrap Cereal w/ a Slice of Toast 2 Slices of Cinnamon Toast Sides: may choose 2; not 2 juice Assorted Juice, Fruit	Thursday 10 Breakfast Pizza Cereal w/ a Slice of Toast 2 Slices of Cinnamon Toast Sides: may choose 2; not 2 juice Orange Juice, Fruit	Friday 11 French Toast Sides Cereal w/ a Slice of Toast 2 Slices of Cinnamon Toast Sides: may choose 2; not 2 juice Assorted Juice, Fruit
Monday 14 Cinnamon Roll Cereal w/ a Slice of Toast 2 Slices of Cinnamon Toast Sides: may choose 2; not 2 juice Fruit, Assorted Juice	Tuesday 15 Ham & Egg or Egg & Cheese Bagel Cereal w/ a Slice of Toast 2 Slices of Cinnamon Toast Sides: may choose 2; not 2 juice Orange Juice, Fruit	Wednesday 16 Sausage Biscuit Cereal w/ a Slice of Toast 2 Slices of Cinnamon Toast Sides: may choose 2; not 2 juice Assorted Juice, Fruit	Thursday 17 Yogurt Parfait w/ Granola or 1 Toast or 1 Cereal Cereal w/ a Slice of Toast 2 Slices of Cinnamon Toast Sides: may choose 2; not 2 juice Orange Juice, Fruit	Friday 18 French Toast Sides Cereal w/ a Slice of Toast 2 Slices of Cinnamon Toast Sides: may choose 2; not 2 juice Assorted Juice, Fruit

HAPPY HOLIDAYS!

From Joan W. Young, Director, School Way Café & the School Nutrition Staff at your school.

ELEMENTARY MENUS

DECEMBER 2016

Volusia County's School Way Café
 This institution is an equal opportunity provider.

Meal Prices:
 Menus subject to change.
 Students: Breakfast - \$1.00, Lunch - \$2.00
 Students Reduced: Breakfast - \$.30, Lunch - \$.40
 Children not enrolled in a Volusia county school: Breakfast \$1.50, Lunch \$2.75
 Adults: Breakfast \$1.50, Lunch \$2.50. Adult meals are full priced because they are not reimbursed by the government.
 Prepay at WWW.MYSCHOOLBUCKS.COM

LUNCH

December Early Release Days:
 2, 9, & 16

We offer 5 food components at lunch; students must choose at least 3 food components including 1 fruit or vegetable.

Monday 7 Chicken Fry, Homemade Roll Ham & Cheese Salad, Homemade Roll Pick 2 but not 2 Saus: PBJ Sand, PBJ Bar, Che Stick Veg: may choose 2 Cora, Toasted Salad Fruit: may choose 2; not 2 juice Pineapple, Fr. Fruit, Juice	Tuesday 8 Crispy Fany's Hamburger Chicken Wogger & Che Salad, 1 oz. Roll Pick 2 but not 2 Saus: PBJ Sand, PBJ Bar, Che Stick Vegetables: may choose 2 Potato Wedges, Celery Sticks Fruit: may choose 2; not 2 juice/frozen juice Apple slice, Fresh Fruit, Juice	Wednesday 9 Cheese Calzonneta w/ Marinara Ham & Cheese Salad, Homemade Roll Pick 2 but not 2 Saus: PBJ Sand, PBJ Bar, Che Stick Vegetables: may choose 2 Fresh Carrots, Caesar's Salad Fruit: may choose 2; not 2 juice/frozen juice Strawberry cup, Fresh Fruit, OJ Buns: Ice Cream	Thursday 10 All American Hot Dog Popcorn Chicken & Cheese Salad, 1 oz. Roll Pick 2 but not 2 Saus: PBJ Sand, PBJ Bar, Che Stick Vegetables: may choose 2 Baked Beans, Broccoli Fruit: may choose 2; not 2 juice/frozen juice Pears, Fresh Fruit, Nips, Shish	Friday 11 It's Pizza Day! Pizza, Cheese or Pepperoni Ham & Cheese Salad, Homemade Roll Pick 2 but not 2 Saus: PBJ Sand, PBJ Bar, Che Stick Vegetables: may choose 2 Broccoli, Sweet Potato Waffle Fries Fruit: may choose 2; not 2 juice/frozen juice Pears, Fresh Fruit, Juice
Monday 14 Asian Orange Chicken & Sweet & Spicy Rice Ham & Cheese Salad, Homemade Roll Pick 2 but not 2 Saus: PBJ Sand, PBJ Bar, Che Stick Vegetables: may choose 2 Broccoli, Fresh Carrots Fruit: may choose 2; not 2 juice/frozen juice Pineapple, Fresh Fruit, Juice	Tuesday 15 Christmas Meal Turkey & Gravy, Stuffing Chicken Wogger & Che Salad, 1 oz. Roll Pick 2 but not 2 Saus: PBJ Sand, PBJ Bar, Che Stick Vegetables: may choose 2 Mashed Potatoes w/ Gravy, Green Beans Fruit: may choose 2; not 2 juice/frozen juice Strawberry Cup, Fresh Fruit, Juice Buns: Cupcake	Wednesday 16 Cheesy Filled Breadsticks with Marinara Popcorn Chicken & Cheese Salad, 1 oz. Roll Pick 2 but not 2 Saus: PBJ Sand, PBJ Bar, Che Stick Vegetables: may choose 2 Toasted Salad, Sweet Potato Waffle Fries Fruit: may choose 2; not 2 juice/frozen juice Mixed Fruit, Fresh Fruit, OJ	Thursday 17 Popcorn Chicken, Ice Roll, Ham & Cheese Salad, 1 oz. Roll Pick 2 but not 2 Saus: PBJ Sand, PBJ Bar, Che Stick Vegetables: may choose 2 Caesar's Salad, Cora Fruit: may choose 2; not 2 juice/frozen juice Peaches, Fresh Fruit, Frozen Juice Cup	Friday 18 It's Pizza Day! Pizza, Cheese or Pepperoni Ham & Cheese Salad, Homemade Roll Pick 2 but not 2 Saus: PBJ Sand, PBJ Bar, Che Stick Vegetables: may choose 2 Broccoli w/ Cheese, Celery Sticks Fruit: may choose 2; not 2 juice/frozen juice Pears, Fresh Fruit, Juice

HAPPY 2016!

Last day of school: Friday, December 18
 Classes resume: Monday, January 4
SEE YOU NEXT YEAR!