



May 2022

Dear Parent/ Guardian:

Florida legislation (6A-1.094124) requires all students 6<sup>th</sup>-12<sup>th</sup> to receive instruction in mental health, child trafficking prevention, and substance abuse. In Volusia County Schools, students have received this instruction through a developmentally appropriate lesson within their class day. The remaining lessons will include the following areas:

Middle School – Reducing the Stigma of Mental Health, Handling Stress, Coping Skills, Resiliency, and Substance Abuse Education.

High School – Mental Health Issues, Suicide Prevention and Warning Signs, Community Resources and Support, and Substance Abuse Education and Recovery.

At our Middle School this lesson will be delivered by your child’s teacher on Tuesday, May 24<sup>th</sup> through your child’s 1<sup>st</sup> Period class & on Wednesday, May 25<sup>th</sup> through your child’s 2<sup>nd</sup> Period class. In total, the lessons accrue to an hour of material.

If you have any questions about the lesson, please call your child’s school counselor at 386-322-6155. We highly recommend that all students participate in this important lesson. However, if you do not want your student to participate, please complete and sign the bottom portion of this letter and return to your student’s grade level office by Monday, May 23, 2022, indicating your decision to opt out.

Sincerely,

John E. Cash  
Principal

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**Child Safety Lesson Opt-Out Form**

**(Please detach bottom portion of this form and return to your student’s grade level office.)**

I want my child, \_\_\_\_\_, to be excluded from the state-mandated Mental Health lesson.

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date