



CHS has been striving to improve the lives of children and families since 1902. We provide services in school, home, our office, or other locations convenient for you.

CHS counselors take a non-judgmental approach; we believe that families are doing the best they can with what they have. Services are confidential and tailored to meet the individual needs of each client. Counselors are trained to work with children and adults of all ages with a variety of challenges, included but not limited to:

- Tantrums or outbursts (yelling or arguing)
  - Not listening or following directions
  - Problems sitting still at school or home
  - Problems staying focused or finishing tasks
- Anxiety (fidgeting, worry, trouble sleeping, trouble with separation from caregiver)
- Depression (laziness, not wanting to do things they used to enjoy, crying, whining, wanting to be alone)
  - Trauma (abuse and/or neglect)

If an individual or family has Medicaid, there is no charge for services!

Don't have Medicaid? We also offer free in-office counseling with one of our interns.

We offer Tele-psychiatry and medication management services every Wednesday.

If you have questions regarding our services or would like to refer your child for counseling, please contact us!

**Call: 386-304-7600 ex 226**

**Fax: 386-304-7620**

**[CHSCLINICAL\\_NCO@chsfl.org](mailto:CHSCLINICAL_NCO@chsfl.org)**