

## CHRYSALIS TARGETED CASE MANAGEMENT SERVICES

Targeted Case Management services are provided to children, adolescents, and adults who have been diagnosed with a serious mental illness and children with a serious emotional disturbance to achieve and/or maintain stability. The purpose of Targeted Case Management services is to advocate for and assist individuals in coordinating, accessing and navigating needed health, social, educational, financial, occupational, housing and other services. A client-directed and strength-based approach is used to assess service needs and coordinate care between health care providers, schools, the correctional system, housing providers, and others involved in care.

### Eligibility for Case Management

- Must be diagnosed with a serious mental illness (Bipolar Disorder, Major Depression or Schizophrenia) and for children a serious emotional disturbance.
- Symptoms must be impairing the individual's ability to function in the community thereby placing them at risk for hospitalization or residential treatment level of care; or,
- Has been psychiatrically hospitalized or in residential treatment within the last year and struggling with achieving or maintaining stability of symptoms and functioning in the community.
- Risk or harm to self or others
- Documented Risk of out of home placement (children)

### Benefits of Case Management Case Managers

- Assist our clients in understanding, planning for, accessing and managing care needs.
- Bi-Weekly home visits
- Coordinate hospital discharge
- Referrals to housing providers
- Collaborate with Academic Institutions to address educational needs, e.g. IEP/504
- Serve as a liaison on Legal cases.
- Refer clients to resources for employment, financial-SSI/SSDI/Food Stamps, transportation, clothing and food.
- Coordinate dental, medical, psychiatric and vision services
- Arrange transportation to appointments
- Collaborate with other providers such as therapist and psychiatrist to coordinate care
- Provide 30 day follow-up post discharge
- Monitor progress

To make a referral for Targeted Case Management services:

Email: [referrals-north@chrysalishealth.com](mailto:referrals-north@chrysalishealth.com)

